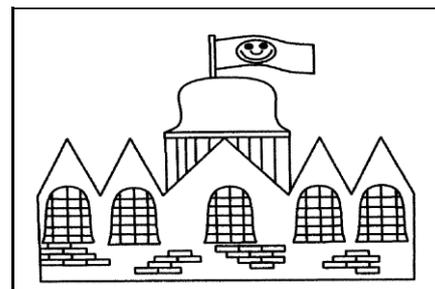


HILLOCKS PRIMARY AND NURSERY SCHOOL

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Dear Parents and carers,
We are getting a lot of phone calls from parents and carers wanting to check about symptoms their child may be experiencing. I just want to clarify a few things:

Here are the current symptoms of Covid 19 according to the NHS:

- 1.) A high temperature – this is a temperature above 38 degrees or can also be if you or your child feels hot to touch on your chest or back.
- 2.) A new, continuous cough- this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours. (If you or your child usually have a cough, it may be worse than usual).
- 3.) A loss or change to your sense of smell or taste (anosmia) - this means you or your child has noticed that you/they cannot smell or taste anything, or things smell or taste different to normal.

If your child displays any of the above symptoms, they should stay at home and get a test. We are aware of the current difficulties with the test, track and trace system but this is beyond our control.

A runny nose, a sore throat, headache, sickness and diarrhoea are not currently considered to be symptoms of Covid-19. If your child has any of these symptoms you should treat them as you normally would.

Sore throat, headache, runny nose	Keep them at home if they are poorly
Sickness and or diarrhoea	Keep them at home for 48 hours after the last symptom

I have also attached some information about what to do when a case is suspected or confirmed.

Hope this helps,

Best wishes,

Margaret Newcombe